# Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services Coverage Period: 04/01/2022 - 03/31/2023 North Atlantic States Carpenters Health Benefits Fund New York: HRA Option Low Plan Coverage for: Individual + Family | Plan Type: EPO

A The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-833-242-3330 or visit us at <u>www.ibxtpa.com</u>. For definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>https://www.healthcare.gov/sbc-glossary/</u> or call 1-833-242-3330 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	<u>Network</u> <b>\$1,000</b> person / <b>\$3,000</b> family, <u>Out-of-Network</u> : <b>Not Covered</b> .	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible?</u>	Yes. <u>Network preventive care</u> , services that require a <u>copay</u> , and <u>prescription</u> <u>drugs</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>https://www.healthcare.gov/coverage/preventive- care-benefits/</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For <u>Network providers</u> <b>\$2,000</b> person / <b>\$6,000</b> family, for <u>Out-of-Network</u> <u>providers</u> <b>Not Covered</b> . For Prescriptions <b>\$5,000</b> person / <b>\$10,000</b> family.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Premiums</u> , balance-billed charges, health care this plan doesn't cover, and <u>preauthorization</u> penalties.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.ibxtpa.com</u> or call: 1-833-242-3330 for a list of <u>Network</u> providers.	This <u>plan</u> uses a <u>provider</u> <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No. You don't need a <u>referral</u> to see a <u>specialist</u> .	You can see the <u>specialist</u> you choose without a <u>referral.</u>

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$25 <u>copay</u> per visit	Not Covered	None	
lf you visit a health	<u>Specialist</u> visit	\$40 <u>copay</u> per visit	Not Covered	Acupuncture: 50% <u>coinsurance</u> after <u>deductible</u> . Limited to 10 visits per year.	
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for. Limited to one adult physical per year.	
	Diagnostic test (x-ray, blood work)	20% coinsurance	Not Covered	None	
lf you have a test	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	Not Covered	<u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> could result in benefits being reduced by 50% up to \$500 of the total cost of service.	
If you need drugs to treat your illness or condition More information about <u>prescription</u> <u>drug coverage</u> is available at <u>www.express-</u> <u>scripts.com</u>	Generic drugs	\$5 <u>copay</u> retail (1-90 day supply) \$10 <u>copay</u> mail order (31-90 day supply)	Not Covered	For a prescription you take on an ongoing basis (more than 3 months), you may use a retail pharmacy for your initial fill and up to 2 refills (total of 3 fills) for up to a 30-day supply each time. Subsequent refills must be placed through mail order or CVS retail pharmacy to be eligible for coverage. The difference in cost between a brand name drug and its generic equivalent will	
	Preferred brand drugs	20% <u>coinsurance</u> retail (1-30 day supply) 20% <u>coinsurance</u> mail order (31-90 day supply)	Not Covered		
	Non-preferred drugs	20% <u>coinsurance</u> retail (1-30 day supply) 20% <u>coinsurance</u> mail order (31-90 day supply)	Not Covered	be charged to you in addition to the <u>copay</u> or <u>coinsurance</u> if a brand name drug is used when an appropriate generic equivalent is available.	
	Specialty drugs	20% <u>coinsurance</u> retail (1-30 day supply) 20% <u>coinsurance</u> mail order (31-90 day supply)	Not Covered	<u>Preauthorization</u> is required for some <u>specialty</u> <u>drugs</u> . If you don't get <u>preauthorization</u> the Fund will not cover the cost of the drug.	

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
lf you have	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	Not Covered	Preauthorization is required. Failure to obtain preauthorization could result in benefits being	
outpatient surgery	Physician/surgeon fees	20% coinsurance	Not Covered	reduced by 50% up to \$500 of the total cost of service.	
lf you need	Emergency room care	\$100 <u>copay</u> per visit	\$100 <u>copay</u> per visit	<u>Copay</u> is waived if admitted to a hospital within 24 hours	
immediate medical attention	Emergency medical transportation	Ground: \$50 <u>copay</u> per trip Air: 20% <u>coinsurance</u>	Ground: \$50 <u>copay</u> per trip Air: Not Covered	None	
	Urgent care	\$35 <u>copay</u> per visit	Not Covered	None	
If you have a	Facility fee (e.g., hospital room)	20% coinsurance	Not Covered	Preauthorization is required. Failure to obtain preauthorization could result in benefits being reduced by 50% up to \$500 of the total cost of service.	
hospital stay	Physician/surgeon fees	20% coinsurance	Not Covered		
If you need mental	Outpatient services	\$40 <u>copay</u> per visit	Not Covered	None	
health, behavioral health, or substance abuse services	Inpatient services	20% coinsurance	Not Covered	Preauthorization is required. Failure to obtain preauthorization could result in benefits being reduced by 50% up to \$500 of the total cost of service.	
		Cost-sharing does not apply to certain preventive			
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	Not Covered	<u>services</u> . Depending on the type of services, a <u>copay</u> or <u>coinsurance</u> may apply. Maternity care	
	Childbirth/delivery facility services	20% <u>coinsurance</u>	Not Covered	may include tests and services described elsewhere in the SBC (i.e. ultrasound). <u>Preauthorization</u> is required for inpatient delivery services. Failure to obtain <u>preauthorization</u> could result in benefits being reduced by 50% up to \$500 of the total cost of service.	

Common		What You Will Pay		Limitationa Evacutiona 8 Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you need help recovering or have other special health needs	Home health care	20% <u>coinsurance</u>	Not Covered	<u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> could result in benefits being reduced by 50% up to \$500 of the total cost of service.	
	Rehabilitation services	20% coinsurance	Not Covered	<u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> could result in benefits being reduced by 50% up to \$500 of the total cost of	
	Habilitation services	20% <u>coinsurance</u>	Not Covered	service. Outpatient services are limited to 45 visits per year. Inpatient services are limited to 60 days per year and have no charge for <u>Network</u> physical <u>rehabilitation</u> .	
	Skilled nursing care	20% <u>coinsurance</u>	Not Covered	<u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> could result in benefits being reduced by 50% up to \$500 of the total cost of service. Limited to 120 days per year.	
	Durable medical equipment	20% <u>coinsurance</u>	Not Covered	<u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> could result in benefits being reduced by 50% up to \$500 of the total cost of service.	
	Hospice services	20% <u>coinsurance</u>	Not Covered	<u>Preauthorization</u> is required. Failure to obtain <u>preauthorization</u> could result in benefits being reduced by 50% up to \$500 of the total cost of service. Family Bereavement limited to 5 visits per year.	
If your child needs dental or eye care	Children's eye exam	Administered by EyeMed	Administered by EyeMed	Administered by EyeMed.	
	Children's glasses	Administered by EyeMed	Administered by EyeMed	Administered by EyeMed.	
	Children's dental check-up	Not Covered	Not Covered	Dental benefits are provided only if the optional benefit is elected for an additional <u>premium</u> .	

**Excluded Services & Other Covered Services:** 

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)					
<ul><li>Cosmetic surgery</li><li>Long Term Care</li></ul>	<ul><li>Non-emergency care when traveling outside the U.S.</li><li>Private-duty nursing</li></ul>	<ul><li>Routine foot care</li><li>Weight loss program</li></ul>			
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)					
<ul> <li>Acupuncture (if prescribed for rehabilitation purposes)</li> <li>Bariatric surgery</li> <li>Chiropractic care</li> </ul>	<ul><li>Dental care (Adult)</li><li>Eye care (Adult)</li></ul>	<ul><li>Hearing Aids</li><li>Infertility Treatment</li></ul>			

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <a href="http://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="http://www.HealthCare.gov">Marketplace</a>. For more information about the <a href="http://www.HealthCare.gov">Marketplace</a>, visit <a href="http://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: 1-833-242-3330 or <u>www.ibxtpa.com</u>. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

#### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## Language Access Services:

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-844-864-4352 (TTY: 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-864-4352 (TTY: 711).

注意:如果您使用简体中文,您可以免费获得语言协助服务。请致电1-844-864-4352。

LƯU Ý: Nếu quý vị nói tiếng Việt, có dịch vụ trợ giúp ngôn ngữ miễn phí dành cho quý vị. Xin gọi số 1-844-864-4352.

ВНИМАНИЕ: Если вы говорите по-русски, вам предлагаются бесплатные услуги переводчика. Позвоните по телефону 1-844-864-4352.

Wann du [Deitsch (Pennsylvania German / Dutch)] schwetzscht, kannscht du mitaus Koschte ebber gricke, ass dihr helft mit die englisch Schprooch. Ruf selli Nummer uff: Call 1-844-864-4352.

알림: 한국어 통역서비스가 필요한 분은 1-844-864-4352로 전화하십시오. 통역서비스를 무료로 받으실 수 있습니다.

ATTENZIONE: se parla italiano, sono disponibili per lei servizi di assistenza linguistica gratuiti. Contatti il numero 1-844-864-4352.

انتباه: إذا كنت تتحدث العربية فإن خدمات المساعدة اللغوية متوفرة لك مجاناً. اتصل على الرقم: 4352-864-1.

ATTENTION: Si vous parlez français, des services d'assistance linguistique gratuits sont à votre disposition. Appelez le 1-844-864-4352.

HINWEIS: Wenn Sie Deutsch sprechen, steht Ihnen über Language Assistance Services ein Dolmetscher kostenlos zur Verfügung. Wählen Sie 1-844-864-4352. ધ્યાન આપો : જો તમે ગુજરાતી બોલી શકતા હો, તો તમારા માટે ભાષા સહાય સેવાઓ, વિના મૂલ્ચે, ઉપલબ્ધ છે. 1-844-864-4352 પર કૉલ કરો.

UWAGA: jeśli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-844-864-4352.

ATANSYON: Si ou pale kreyòl ayisyen, gen asistans ak lang disponib pou ou gratis. Rele 1-844-864-4352.

ចំណាំ៖ ប្រសិនលីអ្នកនិយាយកាសា មន-ខ្មែរ ប្រទេសខ្មែរ សេវាជំនួយកាសាដែលឥតគិតថ្លៃមានសម្រាប់អ្នក។ សូមទូរស័ព្ទមកលេខ 1-844-864-4352។

ATENÇÃO: se você fala português, serviços de assistência a idioma estão disponíveis gratuitamente para você. Ligue para 1-844-864-4352.

BAA !KON&N&ZIN: Din4 bizaad bee y1n7[ti'go, ata' hane' bee 1k1 i'iilyeed t'11 j77k'e bee n1 ah00t'i'. Koj8' hod77lnih 1-844-864-4352.

PAUNAWA: Kung nagsasalita ka ng Tagalog, makakakuha ka ng mga serbisyo ng tulong para sa wika nang walang bayad. Tumawag sa 1-844-864-4352.

注意:日本語をお話しになる場合は、言語支援サービスを無料でご利用いただけます。1-844-864-4352にお電話ください。

توجه: اگر به زبان فارسی صحبت می کنید، خدمات کمک در زمینه زبان، به رایگان در اختیار شما می باشد. با شماره 1-844-864-4352 اتماس بگیرید.

-To see examples of how this plan might cover costs for a sample medical situation, see the next section.

## About these Coverage Examples:

A This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

<b>Peg is Having a Baby</b> (9 months of in-network pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)		<b>Mia's Simple Fracture</b> (in-network emergency room visit and follow up care)	
<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$1,000 \$40 20% 20%	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$1,000 \$40 20% 20%	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist copayment</u></li> <li>Hospital (facility) <u>coinsurance</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$1,000 \$40 20% 20%
This EXAMPLE event includes service Specialist office visits ( <i>prenatal care</i> ) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests ( <i>ultrasounds and blood</i> Specialist visit ( <i>anesthesia</i> )	3	This EXAMPLE event includes service Primary care physician office visits (inclu disease education) Diagnostic tests (blood work) Prescription drugs Durable medical equipment (glucose me	uding	This EXAMPLE event includes serv Emergency room care (including med supplies) Diagnostic test (x-ray) Durable medical equipment (crutches Rehabilitation services (physical thera	)
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
Deductibles	\$1,000	Deductibles	\$1,000	Deductibles	\$1,000
Copayments	\$40	Copayments	\$300	Copayments	\$300
Coinsurance	\$1,000	Coinsurance	\$700	Coinsurance	\$200
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$2,060	The total Joe would pay is	\$2,020	The total Mia would pay is	\$1,500

The **plan** would be responsible for the other costs of these EXAMPLE covered services.

## Nondiscrimination Notice and Notice of Availability of Auxiliary Aids and Services

Independence Administrators complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Independence Administrators does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. Independence Administrators:

- Provides free aids and services to people with disabilities to communicate effectively with us and written information in other formats, such as large print
- Provides free language services to people whose primary language is not English and information written in other languages

If you need these services, contact our Civil Rights Coordinator.

If you believe that Independence Administrators has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with our Civil Rights Coordinator.

There are four ways to file a grievance directly with Independence Administrators:

- by mail: Independence Administrators, ATTN: Civil Rights Coordinator, 1900 Market Street, Philadelphia, PA 19103;
- by phone: 844-864-4352 (TTY 711);
- by fax: 215-761-0920; or
- by email: <u>IACivilRightsCoordinator@ibxtpa.com</u>.

If you need help filing a grievance, our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a> or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at <a href="https://www.hhs.gov/ocr/office/file/index.html">https://www.hhs.gov/ocr/office/file/index.html</a>.