supportlinc

Support for whatever life brings

Starting October 1, your KGA program transitions to SupportLinc.
You'll continue to have access to the same confidential care and everyday life resources you count on, along with expanded digital tools and more flexible ways to connect, at no cost to eligible members.

What's new?

With SupportLinc, you'll have a more seamless experience across phone, web, and mobile, allowing you to:

24/7 counselor support

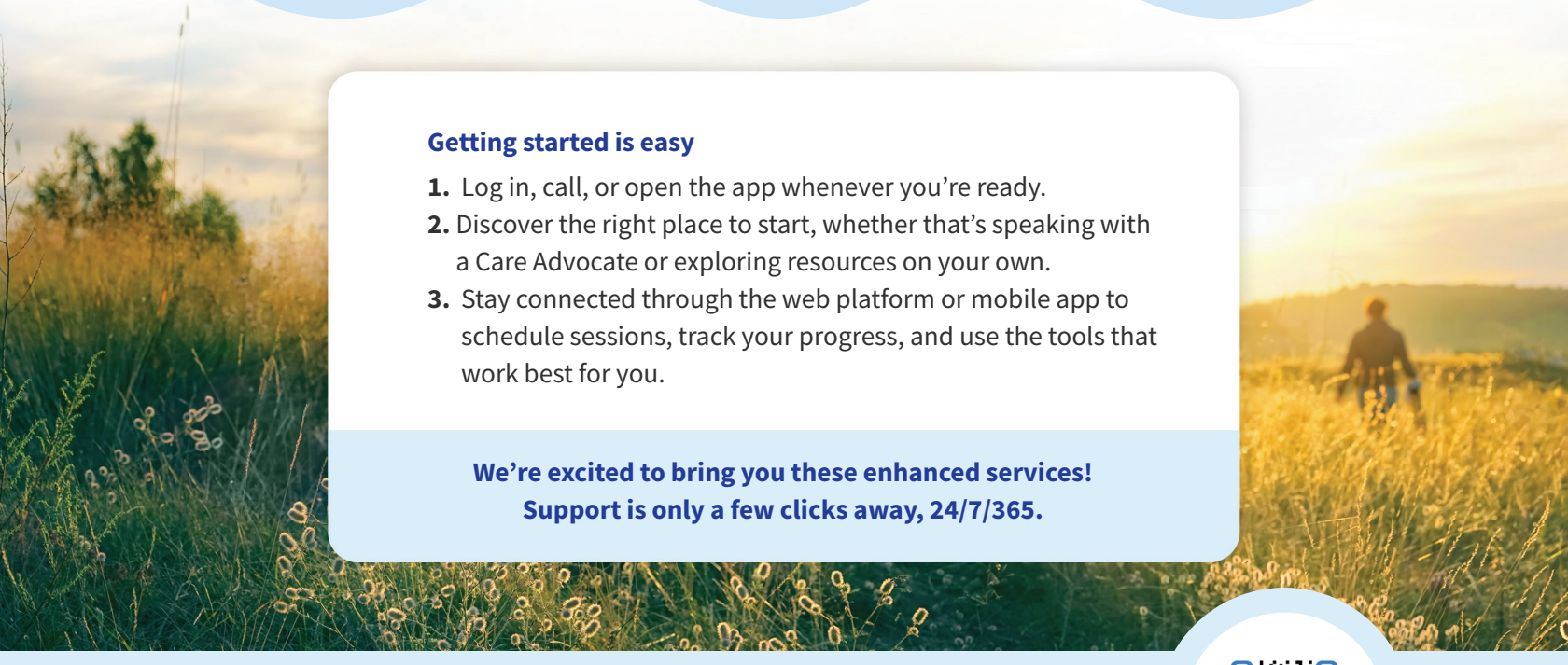
Call any time to connect with a Care Advocate, talk things through, and find the right support.

More support options

Text with a licensed counselor on your own schedule, or call for a focused one-time conversation whenever you need it.

Self-guided tools

Check in with how you're feeling, explore guided paths, and build simple daily habits to stay balanced.



Getting started is easy

1. Log in, call, or open the app whenever you're ready.
2. Discover the right place to start, whether that's speaking with a Care Advocate or exploring resources on your own.
3. Stay connected through the web platform or mobile app to schedule sessions, track your progress, and use the tools that work best for you.

We're excited to bring you these enhanced services!
Support is only a few clicks away, 24/7/365.

Log in today to take the next step in your wellbeing journey

888-881-5462
mysupportlinc.com
group code: carpenters