

# TAKE THE OPPORTUNITY TO TAKE CONTROL OF YOUR PRESCRIPTION PLAN



## TAKE THINGS ONLINE

Create an account on [express-scripts.com](https://www.express-scripts.com) or the Express Scripts® mobile app.

Manage your prescription plan anytime and anywhere with an online account. It's simple and easy to get started.

1. Visit [express-scripts.com](https://www.express-scripts.com) and select Register OR download the Express Scripts mobile app for free from your phone's app store and select Register
2. Enter the requested information, including your member ID or Social Security number, and create your user name and password
3. Click or tap Register Now

Once your account is created, you can:



Check your order status



Refill and renew prescriptions



Find your nearest preferred pharmacy



View and print digital ID cards



Enroll eligible prescriptions in automatic refill



Set reminders to take your medication



Enroll in home delivery



## TAKE A SHORTER TRIP TO GET YOUR MEDS

Enroll in home delivery to get your 90-day prescriptions shipped right to your door.

Requesting to get your medications delivered to your home from Express Scripts® Pharmacy is simple and convenient. First, log in to [express-scripts.com](https://www.express-scripts.com) (if you haven't already registered, make sure to have your member ID or SSN).

If you are enrolling a new prescription...



Contact your doctor and ask them to e-prescribe a 90-day prescription directly to Express Scripts® Pharmacy



OR send a request by selecting "Forms" or "Forms & Cards" from the "Benefits" menu, print a mail order form and follow the mailing instructions



OR call us at the Member Services number on your card and we'll contact your doctor for you

If you are enrolling a current prescription...

Transfer retail prescriptions to home delivery by clicking "Add to Cart" for eligible prescriptions and check out. You can also refill and renew prescriptions. We'll contact your doctor and take care of the rest.

Check Order Status to track the shipping of your prescriptions. After we receive your prescription from your doctor, you will receive your medication within 7 days.<sup>1</sup>



# TAKE A BREAK FROM BRAND NAMES

## Ask about switching to a generic medication to save money on your prescriptions.

By not looking for the best deal on your prescription drugs, you may end up paying more than you should for your medications.

The easiest—and safest—way to save money on prescriptions is to ask for a generic, which typically costs less because the manufacturer did not have to conduct the initial research or studies that the branded drug did.

### Generics fall into two categories:

**Direct chemical equivalent** – a drug that has the same active ingredient as its brand-name counterpart

**Therapeutic alternative** – a drug that may not be chemically equivalent to the brand, but has the same therapeutic or treatment effect

Direct chemical equivalents are practically identical to the branded drug, while therapeutic alternatives are part of the same family.

### Is there a generic for your medication? You can ask...



**Your health care provider.** Check with your doctor or nurse if there's a generic for any medication you're prescribed.



**Your pharmacist.** Before getting a prescription filled, refilled or renewed, ask your pharmacist if there's a generic alternative.



**Express Scripts® Pharmacy.** You can review your prescriptions and specific generics savings opportunities at [express-scripts.com](https://www.express-scripts.com).



FDA-approved generics must adhere to strict guidelines and are the same as a brand-name medication in dosage, safety, effectiveness, strength, stability and quality.

For additional information on how to take control of your prescription plan or any other questions about your account or coverage, visit [express-scripts.com](https://www.express-scripts.com), download the **Express Scripts mobile app** or call the **Member Services number** on your Digital ID card.



EXPRESS SCRIPTS®

1 Over 85% of members receive their medications within 7 days. Longer delivery times may be due to additional correspondence needed with prescribers, medication availability and/or delivery times from the shipping vendor.