



More Human. More Resources.

Available 24/7
800-648-9557
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Website: my.kgalifeservices.com

Company code: carpenters

EMPLOYEE ASSISTANCE AND WORK-LIFE PROGRAM

A free, confidential program for employees and adult household members. Here's how we can help:

EMOTIONAL HEALTH	PARENTING	ELDERCARE	LEGAL
<p>Counseling, Consultations & Referrals</p> <ul style="list-style-type: none"> Alcohol & Drug Concerns Anxiety Chronic Illness Depression Eating Disorders Family & Relationship Concerns Gambling Meditation Mindfulness Partner Violence Smoking Cessation Sleep Issues Stress Management <p>Up to eight (8) counseling sessions</p>	<p>Childcare Consultation & Referrals</p> <ul style="list-style-type: none"> Back-up Care Before/After School Childcare Centers Family Day Care Nannies & In-home Care Summer Camps <p>Information & Support</p> <ul style="list-style-type: none"> Adolescence Adoption Child Development College Planning New Parents and Pregnancy Special Needs 	<p>Consultation & Referrals</p> <ul style="list-style-type: none"> Assisted Living Facilities Caregiver Support Community Services Home Health Care Hospice Medicare/Medicaid Nursing Homes Respite Care Social Security Transportation 	<p>Consultation & Referrals</p> <ul style="list-style-type: none"> Bankruptcy Child Custody & Support Consumer Issues Elder Law Estate Planning Immigration Landlord Tenant Disputes Real Estate Concerns Restraining Orders Separation & Divorce Wills & Trusts <p>*See back for legal disclaimer</p>
FINANCIAL	WORK	CONVENIENCE SERVICES	NUTRITION
<p>Consultation & Referrals</p> <ul style="list-style-type: none"> Budgeting Credit Problems Debt Management Financial Wellbeing Home buying Information Insurance Planning Retirement Planning Tax Resources 	<p>Consultation & Referrals</p> <ul style="list-style-type: none"> Career Exploration Job Performance Concerns Job Search Strategies Resume Review Time Management Work-life Integration Work Stress 	<p>Information & Referrals</p> <ul style="list-style-type: none"> Community Education Classes Fitness Programs & Trainers Home Cleaning Home Repair Services Moving Services Organizer Services Pet Care Relocation Information Yoga Classes 	<p>Consultation & Information:</p> <ul style="list-style-type: none"> Child Friendly Meals Diabetes Food Allergies Gastrointestinal Problems Healthy Eating High Blood Pressure High Cholesterol Lactation Weight Management